

Alcohol Use among College and University Students



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SUMMARY: *The main purpose of the article is to provide the reader with an overview of alcohol use among college and university students. Data about the prevalence of use abroad and in the Czech Republic are given in the first part of the article. A typical pattern of alcohol use among college and university students is binge drinking. Information is given to the Czech reader about the prevalence and risk factors of binge drinking and characteristics of a binge drinker. One part of the article focuses on motivational models of alcohol drinking among students. It is shown that the universal models are not sufficient in describing the students' motivational dynamics, since these do not usually include the typical aspects of students' lives, such as the social environment of students' dormitories. Information about intervention techniques put into practice abroad is given in the final part of the article.*

KEY WORDS: COLLEGE AND UNIVERSITY STUDENTS – ALCOHOL USE – BINGE DRINKING – MOTIVES FOR USING – INTERVENTION

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